

South Africa Sun & Soul Safari Adventure Julukaveda Vacations 10 days of soul satisfaction! February 26th, -March 7th, 2026

**EARLY BIRD SPECIAL
\$150 OFF PER PERSON
BOOK BY 7/15/25**

Please join me on this exclusive adventure to my homeland. This is actually where we all began, so let's journey back to the cradle of humanity and connect with our mother continent. This yoga vacation is very special for me, as South Africa is my first home, and I love sharing this magnificent piece of the earth with my friends. I have put my heart into creating what I think would be the most meaningful and enjoyable itinerary, for the amount of time we have. Due to the exclusive safari adventure and in an effort to keep the trip intimate, exotic & exciting, there is a strict limit on the number of guests. This trip has always sold out, so take advantage of this life time opportunity to join us!

Includes

Welcome drinks and light supper,
9 breakfasts,
5 dinners, (two with wine),
5 lunches,
All local airport transfers
Flights from Cape Town to Hoedspruit
Flights from Hoedspruit to Jo'burg
E-bike through vineyards, 2 wine tastings
Robben Island VIP excursion with private guides

Safari drives in open air 4x4 vehicles
Professional game rangers
Game park taxes and entrance fees
Entrance and cable car ride to Table Mountain
Yoga and meditation
Private guided walking tour of Cape Town
Private tour of Table Mountain
Guided sunrise hike up Lion's Head

Prices per person

Double Sea Facing-\$3795. Double Superior-\$3895 (Cape Town sea facing with balcony)
Single Superior Sea Facing \$5250

Not included: International flights, insurance, laundry, gratuities. This is mostly an all inclusive trip. There is a non stop United flight from Newark to Cape Town, returning from Johannesburg.



Day 1-Thursday. Arrive Cape Town International Airport.

You will be met at the airport and driven to your beautiful boutique hotel, steps from the ocean, in trendy Sea Point. The non stop United flight arrives in the early evening, but if you are arriving a different way, you may join as early as 10am. Orientation, and welcome light supper and drinks.

Hotel La Splendida. Light supper and drinks/wine

Day 2-Friday. Tour of Cape Town & Table Mountain

Morning meditation and yoga class in Imizamo Yethu, an African township, taught by Busi. Cable car up Table Mountain, guided tour on the mountain. Private guided tour of the city and Bo-Kaap. Dinner at upscale local restaurant

Hotel La Splendida. Breakfast, Dinner with wine

Day 3-Saturday. Robben Island, V&A.

Morning meditation and yoga class. We head to the Robben Island Museum for a short documentary before we board a ferry for a VIP private tour of the prison where Nelson Mandela spent many years. Afternoon & evening free to explore the V & A, or relax at the pool, or even visit popular Clifton Beach.

Hotel La Splendida. Breakfast

Day 4-Sunday. Oranjezicht Market & Camps Bay. Morning meditation and yoga. **After breakfast, we visit the outstanding Oranjezicht market where we will feast our eyes and taste buds,** Transfer to Pipetrack trail head for a lengthy, but easy hike into Camps Bay. Lunch at an oceanside restaurant. Afternoon free to stay at the beach or head back to the hotel. Dinner at a local restaurant

Hotel La Splendida.. Breakfast, Lunch, Dinner

Day 5-Monday. Lions Head sunrise hike, Cape Point, Boulders Penguins

Very early start for our hike up Lions Head. This is a moderately challenging hike, and we will review the necessary skills before hand, in order for you to choose to opt in or out. After breakfast, we head out along the world famous scenic Chapman's Peak drive to Cape Point. Moderate hike to the point, taking in beautiful vistas of two oceans, in a nature reserve. Then we pop in to say Hi to the penguins at Boulders Beach, and late lunch in the naval town of Simons Town. Evening is free to explore one of the excellent restaurants within walking distance of the hotel, or free to Uber a little further out

Hotel La Splendida. Breakfast, Lunch

Day 6-Tuesday Paarl & Franschoek Wine Country. Check out of our hotel and head to the winelands and farming country. Our first stop is in Paarl, at the stunning Babylonstoren Estate where we will enjoy a garden tour, taking in the splendors of lavender, and other amazing heirloom herbs, flowers and vegetables at this five hundred year old estate. We enjoy a casual lunch in a beautiful outdoor restaurant at the estate before we continue to Franschoek. Check in to a gorgeous premier inn, followed by a bike tour through the village to our first wine tasting at the beautiful Mont Rochelle. We will then cycle through vineyards to drop off our bikes and walk to our second wine tasting at the spectacular Grande Provence. Evening is free to explore any of the fantastic restaurants in Franschoek, one of the gastronomie centers in Africa!

Mont d'Or Hotel. Breakfast,

Day 7-Wednesday Safari. After very early breakfast, we check in for our flight to Hoedspruit, gateway to the "bush"! Upon arrival, we will be met and driven to our wonderful game lodge. Lunch is served before we experience our first open vehicle game drive, followed by dinner under the stars!

Motswari Game Lodge Breakfast, Lunch, Dinner

Day 8-Thursday Safari. Early morning game drive. After breakfast, optional bush walk with game ranger. Relaxing time, massage, swim, chill. Lunch, late afternoon game drive. Local entertainment in the bush

Motswari Game Lodge Breakfast, Lunch, Dinner

Day 9-Friday Safari. Early morning game drive. Yoga session. Relaxing time, massage, swim, chill. Lunch, late afternoon game drive. Dinner in the boma

Motswari Game Lodge Breakfast, Lunch, Dinner

Day 10-Safari, Departure Day. Early morning game drive. After brunch it's time to bid farewell to the "big five" and the beautiful African veld. We transfer back to airport for our short flight to Jo'burg. Tour ends at JNB **Brunch.**

Cape Town and Surrounds

Our adventure starts in Cape Town, the “mother city”; the Cape of Good Hope. Cape Town is exciting, diverse and astonishingly beautiful. The professional guided walking tour will enlighten you to the history of this richly diverse and exciting city. We will take a cable car up Table Mountain for an incredible viewing and nature experience, take a boat out to Robben Island on a private VIP tour, the place where Nelson Mandela spent most of his imprisonment. There will be a visit to the vibrant V & A waterfront and time to mingle with the locals. The food throughout the city is delicious, and we will experience many different culinary delights. You will have time to relax and shop or chill, maybe take a dip in the cool waters at hip Clifton Beach. We will also spend time biking through the stunning vineyards of the famous wine region of Franschhoek, where we enjoy some fine local wine tastings. Enroute to Franschhoek, we visit the magnificent Babylonstoren Estate for a guided tour of their exquisite gardens.

Other adventures will be an optional hike up Lion's Head, a visit to the quaint seaside village of Simons Town, and a visit to Cape Point, a hike along famous Pipe track to Camps bay. Our accommodations are at the lovely La Splendida boutique hotel on the Cape Town Sea Point Promenade, an excellent location, safe for exploring by foot, visiting markets and beautiful beaches. Beautiful vistas!



The Safari Adventure

We fly directly from Cape Town to Hoedspruit, very close to our safari destination, which is within the greater world famous Kruger National Game Reserve at the Motswari Lodge. Our beautiful accommodations are at a luxury private camp. This is beyond “glamping”. Air conditioning, private bathrooms, swimming pool and gorgeous common areas.

We experience 2 game drives per day in an open air land rover with highly experienced guides, on a hunt for animal viewing. The reserve has lions, elephant, rhino, hippos, giraffe, and a population of the endangered African wild dog and of course many other species of game, in their natural habitat.

All meals are included. Sundowners are served out in the bush on the afternoon game drive. It is difficult to explain the serene tone of being in the bush, contrasted with the excitement and vibrant feeling of aliveness by being so incredibly close to nature at her finest. For most, this is an experience of a lifetime!

Please email Mandy at julukaveda@gmail.com or call +1-201-638-6828 with any questions or concerns. www.julukayoga.com Assistance with flights, insurance etc will gladly be provided!

